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Happy Herbivore Holidays & Gatherings: Easy Plant-Based Recipes For Your Healthiest Celebrations And Special Occasions (Happy Hervibore)



Synopsis

Bestselling vegan author Lindsay S. Nixon brings "healthy" and "holidays" together in her new book, *Happy Herbivore Holidays & Gatherings*, filled with easy recipes that celebrate and define our favorite occasions throughout the year. From an elaborate, crowd-pleasing Thanksgiving, to a no-fuss, but dazzling New Year's Eve or cocktail party, to omnivore-approved potlucks such as Super Bowl Sunday, to summer fresh barbecues and picnics, and quick-fix casual dinner parties or lazy Sunday brunches with friends... Including more than 130 recipes, with new and old favorites, *Happy Herbivore Holidays & Gatherings* guarantees you'll have healthy, festive, deliciously memorable meal, whatever you're celebrating! Twelve different special occasions are covered in detail with more than two dozen menus and detailed, step-by-step instructions so your party planning is easy and effortless. Nixon's fuss-free, fast recipes are also weeknight practical, so you can enjoy all her hearty main dishes, savory sides, sweet treats, all year long. True to Lindsay's beloved "everyday" cooking style, *Happy Herbivore Holidays & Gatherings* focuses on using only whole, unprocessed plant foods, with no added oils or fats, or wacky, hard-to-find ingredients. She makes it easy to impress guests while also celebrating health--and without breaking the bank. Say yes to Portobella Pot Roast, Thanksgiving Loaf, Hot Chocolate Muffins, Mini Corndog Bites, BBQ Sliders, Cauliflower Hot Wings, Cherry Tart Brownies, Lemon Rosemary Meatballs, Beet Salad, Banana "Cake" Pops, Mini Quiche, Waffles and more.... with *Happy Herbivore Holidays & Gatherings*, your healthy, hearty dishes will be the life of the party!

Book Information

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Customer Reviews

I have one other Happy Herbivore cookbook, and love how Lindsay Nixon puts together tasty, healthy vegan recipes that rely on whole foods, instead of processed ingredients. I pre-ordered this new holiday book back in May of this year -- and was so excited to have it arrive today! I've only made one recipe so far, so I will be sure to update my review as I use this more. One of the reasons I was so excited about this book is because it really does solve the dilemma of what you can make/bring to holiday gatherings when you're a vegan. While a lot of vegan cookbooks do have great recipes that work well for holiday gatherings, it's nice to have so many recipes in one place -- and to especially have easy access to traditional holiday fare like pumpkin pie, cheesecake, sweet potato casseroles, and various dips. Just be warned that there are a lot of repeat recipes from other HH books. This doesn't bother me since I only own *Happy Herbivore Light & Lean: Over 150 Low-Calorie Recipes with Workout Plans for Looking and Feeling Great*, but if you own more HH books, you might be disappointed in the number of repeats. I'd say that maybe 1/8 of the recipes are from previous HH books. (The repeats are noted in the headnote to each recipe.) The book is divided up by holiday: * Thanksgiving * Winter Holidays * New Year's Eve * New Year's Day * Tailgating and Appetizing Parties * Romantic Occasions * Brunch * Breakfast in Bed * Easter and Passover * Picnics, Barbecues, and Outdoor Parties * Kid-Approved Parties * Large (and Mixed) Crowd Entertaining: Party Bars * Homemade Broths, Sauces, Seasonings, and More. At the start of each main chapter, there is a Menu bar, where the recipes in that chapter are listed and grouped together by the type of dish (i.e., main dish, sides, drinks, desserts). To be honest, I'm not all that thrilled with this layout since it makes finding individual recipes more of a challenge. It would have been nice if the editors had included a master Table of Contents at the front of the book that included all the recipes at a glance. Instead, you have to skim through the chapters or use the Recipe Index at the back of the book (which lists the recipes not by type, but rather by their name) or the Full Index at the back (which lists the recipes under categories like main dishes, etc.). This is a small quibble, but it doesn't make the book as user-friendly as the other cookbooks I own. The layout of this is also a bit different, but it's still lovely to look at. Rather than include one recipe per page (which *HH Light and Lean* does), this new cookbook usually has two recipes per page, so the print is a bit smaller. (This isn't a bother for me, but I know that some cookbook readers need larger print.) A color photo is not included for every single recipe, but there are a lot of color photographs, which I appreciate since seeing photos of the food always inspires me to make the recipes. Each recipe also contains the following nutritional information: calories, grams of fat, grams of fiber, grams of sugar, and grams of protein. The recipes themselves look fantastic! They include

not just typical holiday fare like various vegan cheesecakes and cheeseballs, but also things like chocolate truffles, portobello pot roast, and cream of broccoli soup. As with previous Happy Herbivore books, the recipes all use simple, easy-to-find ingredients. I don't live near a Whole Foods grocery store, and, after reading through all the recipes tonight, was happy to see that I'll be able to find all the ingredients I'll need at my local grocery stores. Overall, I'm really excited about this cookbook, and know that I will get a lot of use out of it this coming holiday season, as well as for many holiday seasons to come. Since moving to a vegan diet almost two years ago, I've compiled a small library of cookbooks, and I'm happy to add this one to it. If you're interested in other whole-foods vegan cookbooks, I'd also highly recommend *Let Them Eat Vegan!: 200 Deliciously Satisfying Plant-Powered Recipes for the Whole Family* and *The Oh She Glows Cookbook: Over 100 Vegan Recipes to Glow from the Inside Out*, which are two of my most-used cookbooks. For raw vegan desserts, check out *Rawsome Vegan Baking: An Un-cookbook for Raw, Gluten-Free, Vegan, Beautiful and Sinfully Sweet Cookies, Cakes, Bars & Cupcakes* and *Practically Raw Desserts: Flexible Recipes for All-Natural Sweets and Treats*.

Sorry, Lindsay. I'm a big fan. I'll make it up by giving 4 or 5 star reviews to your other books. Lindsay's other books have pros and cons, but I have them on my kindle, and a few hard copy. I highly recommend her HH Abroad book. But I cannot recommend this book to those who already have her other books or have been vegan a while. I was so excited to receive the book in the mail. I open the package and there is damage in the corner (not Lindsey's fault, just wanted to mention it.) Then I open it and start flipping. And I become crestfallen. See, I only purchased this book because what I thought it would have is a "How to cook a ton of HH recipes for big events in the most efficient time possible" LIST plus the associated recipes. Similar to what she posted last year on her blog, where, step by step, she helped you make a Thanksgiving feast in like 3 hours. I suppose a more accurate description of what I thought the book would be was 10 feasts for various occasions with a Grocery shopping and Prep List. This is not that. So, right off the bat, disappointed. But that was just my bad assumption from the description of the book. Still not Lindsay's fault that I misconstrued. Still, I was upset. I considered gifting it to someone. But then I was like, wait! There should be like, a bazillion new recipes of awesome in here. So I crack it open again to Thanksgiving. Okay, umm... A lot of these recipes sound familiar...that one is a downright repeat...so is that one... OMG. 50% of the first section is a repeat/copy from her previous books. Then the next section...same issue....and the next section, again.... At this point, I become downright irritated and pull out a notebook so I can start counting new vs repeat. Out of 15 sections, I omitted three entirely

as negligible to consider for grading: Broths and Sauce, the Party Plan section that just helps you to pick what you could make en masse among recipes inside the book, and the Get Well section (which is sort of a section in a section.) That leaves 12 sections. There is roughly, as far as I can tell, about 120 recipes in the book. It's difficult to tell, because she references in one section to recipes in previous sections as you go forward (Example, deviled "eggs" is listed in two-three different sections.) And then the Index includes pre-made items-which I'll speak of in a moment. Then I did some math, and 51% of all the recipes are an outright repeat (or so simple it's a "duh") from previous books. And those are the ones I recognized.- There are other ones that sounded simply familiar and I was unsure of, and didn't include in that 51%. Now. About that "pre-made" comment. I will state up front that this theme does NOT take up a significant portion of the book. But there is a box of suggested appetizers in one section (may even be the only section that does it) that involves simply this: go to the store, buy lots of flavors of gourmet hummus, and serve that.----What? A cookbook just told me to go BUY a pre-made product and serve that?? Appearance: It is one of her more colorful books. I like the pictures, don't notice anything 1980 about it. Like the color coded pages. In the end, I feel I could only recommend this book to people who feel super super nervous about their first year or two of serving or bringing vegan meals to large events or celebrations AND who own two or less of her previous cookbooks. It's a mixed bag on whether or not I'll return it or gift it or keep it. I'm also annoyed that my pre ordered price of \$15.45 has been undercut by a sale; it's \$3 cheaper at the writing of this review.

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